

**PART III: STUDENT LIFE AND DEVELOPMENT****Parents' involvement**

**1. Indicate how strongly you agree or disagree with the following statements about how your parents are involved in your Cal experience this semester.**

	Strongly disagree	Disagree	Somewhat disagree	Somewhat agree	Agree	Strongly agree
My parents and I discuss <u>what classes I should take</u>	<b>664</b> (32.4%)	<b>457</b> (22.3%)	<b>237</b> (11.6%)	<b>375</b> (18.3%)	<b>196</b> (9.6%)	<b>120</b> (5.9%)
My parents and I discuss <u>what I learned in class</u>	<b>402</b> (19.7%)	<b>324</b> (15.9%)	<b>278</b> (13.6%)	<b>548</b> (26.8%)	<b>349</b> (17.1%)	<b>141</b> (6.9%)
My parents are very interested in my academic progress	<b>97</b> (4.7%)	<b>54</b> (2.6%)	<b>113</b> (5.5%)	<b>431</b> (21.1%)	<b>672</b> (32.9%)	<b>677</b> (33.1%)
My parents stress the importance of getting good grades	<b>147</b> (7.2%)	<b>125</b> (6.2%)	<b>201</b> (9.9%)	<b>496</b> (24.4%)	<b>539</b> (26.6%)	<b>522</b> (25.7%)
I am pursuing, or considering, a major I don't like in order to please my parents	<b>1219</b> (59.6%)	<b>426</b> (20.8%)	<b>188</b> (9.2%)	<b>140</b> (6.8%)	<b>49</b> (2.4%)	<b>23</b> (1.1%)
My parents ask about my <u>friends</u> or <u>non-academic</u> activities at Cal	<b>149</b> (7.3%)	<b>122</b> (6.0%)	<b>141</b> (6.9%)	<b>455</b> (22.3%)	<b>703</b> (34.4%)	<b>474</b> (23.2%)

**2. When it comes to my life as a college student, I would prefer that my parents be:**

- 64** (3.1%) Much more involved
- 280** (13.7%) Somewhat more involved
- 1533** (74.9%) Involved as much as they are now
- 128** (6.3%) Somewhat less involved
- 41** (2.0%) Much less involved

**3. Thinking back on this academic year, how often have you typically had contact with one or both of your parents?**

	Usually every day	A few times a week	About once a week	A few times a month	Once a month or less	Not at all
By phone	<b>497</b> (24.3%)	<b>655</b> (32.1%)	<b>510</b> (25.0%)	<b>263</b> (12.9%)	<b>78</b> (3.8%)	<b>40</b> (2.0%)
By text message through cell phone	<b>75</b> (3.8%)	<b>108</b> (5.4%)	<b>86</b> (4.3%)	<b>101</b> (5.1%)	<b>136</b> (6.8%)	<b>1488</b> (74.6%)
By email or instant message on the Internet	<b>58</b> (2.9%)	<b>249</b> (12.3%)	<b>332</b> (16.4%)	<b>429</b> (21.2%)	<b>326</b> (16.1%)	<b>626</b> (31.0%)
In person	<b>87</b> (4.3%)	<b>65</b> (3.2%)	<b>161</b> (7.9%)	<b>347</b> (17.1%)	<b>1066</b> (52.4%)	<b>309</b> (15.2%)

**Goals & Aspirations**

**4. Indicate how important each of the following college goals is to you.**

	Very important	Somewhat important	Not important
Be in a position to give something back to my community after finishing my education	<b>1263</b> (61.9%)	<b>673</b> (33.0%)	<b>103</b> (5.1%)
Acquire a well-rounded general education	<b>1556</b> (76.3%)	<b>436</b> (21.4%)	<b>48</b> (2.4%)
Discover what kind of person I really want to be	<b>1685</b> (82.7%)	<b>294</b> (14.4%)	<b>59</b> (2.9%)
Achieve a high GPA	<b>1063</b> (52.2%)	<b>824</b> (40.4%)	<b>151</b> (7.4%)

Form romantic relationships	523 (25.7%)	912 (44.7%)	603 (29.6%)
Establish meaningful friendships	1528 (75.0%)	451 (22.1%)	59 (2.9%)
Prepare for graduate or professional school	1350 (66.3%)	564 (27.7%)	121 (5.9%)
Obtain the skills I need to pursue my chosen career	1676 (82.3%)	329 (16.2%)	31 (1.5%)
Be in a position to make a lot of money after finishing my education	818 (40.2%)	925 (45.4%)	294 (14.4%)
Explore new ideas	1485 (72.8%)	518 (25.4%)	36 (1.8%)
Enjoy my college years before assuming adult responsibilities	1250 (61.5%)	591 (29.1%)	192 (9.4%)
Develop a <u>personal code of values and ethics</u>	1284 (63.1%)	604 (29.7%)	146 (7.2%)
Develop an <u>in-depth understanding</u> of a specific field of study	1456 (71.4%)	524 (25.7%)	58 (2.8%)
Integrate spirituality into my life	623 (30.6%)	599 (29.5%)	811 (39.9%)
Establish social networks that will help further my career	1048 (51.5%)	819 (40.2%)	168 (8.3%)
Obtain the skills I need to function in the international arena	934 (45.9%)	793 (39.0%)	308 (15.1%)

**5. Think about the type of person you are. With which, if any, of the following types of students at Cal do you personally identify? That is, which of these "college identities" best describes who you are?**

345 (14.0%) Artsy students	292 (11.8%) Slackers
197 (8.0%) Athletes/jocks	249 (10.1%) Students from <u>very poor backgrounds</u>
251 (10.2%) Conservative students	60 (2.4%) Students from <u>very rich backgrounds</u>
190 (7.7%) Feminist students	1042 (42.2%) Students in my <u>major or field of interest</u>
206 (8.3%) Fraternity/sorority members	633 (25.6%) Students involved in my campus organization
296 (12.0%) Immigrant students	657 (26.6%) Students of my racial or ethnic background
83 (3.4%) Lesbian, gay, bisexual, or transgender students	836 (33.9%) Students who are serious about getting good grades
642 (26.0%) Liberal students	343 (13.9%) Transfer students
301 (12.2%) Partiers	322 (13.0%) Other, please specify: <i>[Open-ended text field]</i>
322 (13.0%) Religious or spiritual students	

**6. With which ONE of these groups do you MOST strongly identify?**

73 (3.7%) Artsy students
55 (2.8%) Athletes/jocks
34 (1.7%) Conservative students
17 (0.9%) Feminist students
69 (3.5%) Fraternity/sorority members
62 (3.1%) Immigrant students
17 (0.9%) Lesbian, gay, bisexual, or transgender students
121 (6.1%) Liberal students
19 (1.0%) Partiers
107 (5.4%) Religious or spiritual students
77 (3.9%) Slackers
40 (2.0%) Students from very poor backgrounds
4 (0.2%) Students from very rich backgrounds
363 (18.2%) Students in my major or field of interest
156 (7.8%) Students involved in my campus organization
179 (9.0%) Students of my racial or ethnic background
221 (11.1%) Students who are serious about getting good grades
110 (5.5%) Transfer students
269 (13.5%) Other
[330 missing] (Select one)

**7. How would you characterize your political orientation?**

Very liberal	Liberal	Slightly liberal	Moderate: middle of the road	Slightly conservative	Conservative	Very conservative
194 (9.6%)	647 (31.9%)	407 (20.1%)	439 (21.6%)	207 (10.2%)	116 (5.7%)	18 (0.9%)

**Personal growth & development**

**8. Think back to when you first entered Cal. Please rate your understanding**

**and awareness of the following issues at that time and now.**

	When you entered Cal	As you are now
My own racial and ethnic identity	<b>78</b> (3.9%) Very poor <b>129</b> (6.4%) Poor <b>565</b> (28.0%) Fair <b>597</b> (29.6%) Good <b>366</b> (18.1%) Very good <b>282</b> (14.0%) Excellent <b>[300 missing]</b> (Select one)	<b>32</b> (1.6%) Very poor <b>26</b> (1.3%) Poor <b>297</b> (14.8%) Fair <b>626</b> (31.1%) Good <b>616</b> (30.6%) Very good <b>413</b> (20.5%) Excellent <b>[307 missing]</b> (Select one)
The social problems facing our <u>nation</u>	<b>111</b> (5.5%) Very poor <b>337</b> (16.7%) Poor <b>755</b> (37.4%) Fair <b>555</b> (27.5%) Good <b>174</b> (8.6%) Very good <b>87</b> (4.3%) Excellent <b>[298 missing]</b> (Select one)	<b>35</b> (1.7%) Very poor <b>73</b> (3.6%) Poor <b>364</b> (18.0%) Fair <b>713</b> (35.3%) Good <b>622</b> (30.8%) Very good <b>211</b> (10.5%) Excellent <b>[298 missing]</b> (Select one)
The social problems facing the <u>world</u>	<b>140</b> (7.0%) Very poor <b>395</b> (19.6%) Poor <b>795</b> (39.5%) Fair <b>470</b> (23.3%) Good <b>141</b> (7.0%) Very good <b>73</b> (3.6%) Excellent <b>[302 missing]</b> (Select one)	<b>40</b> (2.0%) Very poor <b>92</b> (4.6%) Poor <b>400</b> (19.9%) Fair <b>729</b> (36.2%) Good <b>535</b> (26.6%) Very good <b>216</b> (10.7%) Excellent <b>[305 missing]</b> (Select one)
Social class and economic differences/issues	<b>92</b> (4.6%) Very poor <b>288</b> (14.3%) Poor <b>826</b> (41.0%) Fair <b>529</b> (26.3%) Good <b>187</b> (9.3%) Very good <b>91</b> (4.5%) Excellent <b>[304 missing]</b> (Select one)	<b>25</b> (1.2%) Very poor <b>56</b> (2.8%) Poor <b>369</b> (18.4%) Fair <b>733</b> (36.5%) Good <b>573</b> (28.5%) Very good <b>254</b> (12.6%) Excellent <b>[306 missing]</b> (Select one)
Racial and ethnic differences/issues	<b>74</b> (3.7%) Very poor <b>237</b> (11.8%) Poor <b>785</b> (39.1%) Fair <b>611</b> (30.4%) Good <b>203</b> (10.1%) Very good <b>100</b> (5.0%) Excellent <b>[306 missing]</b> (Select one)	<b>21</b> (1.0%) Very poor <b>42</b> (2.1%) Poor <b>345</b> (17.1%) Fair <b>704</b> (35.0%) Good <b>633</b> (31.5%) Very good <b>267</b> (13.3%) Excellent <b>[304 missing]</b> (Select one)
Gender and sexual orientation differences/issues	<b>163</b> (8.1%) Very poor <b>321</b> (15.9%) Poor <b>733</b> (36.4%) Fair <b>533</b> (26.5%) Good <b>179</b> (8.9%) Very good <b>86</b> (4.3%) Excellent <b>[301 missing]</b> (Select one)	<b>48</b> (2.4%) Very poor <b>86</b> (4.3%) Poor <b>428</b> (21.3%) Fair <b>741</b> (36.8%) Good <b>481</b> (23.9%) Very good <b>229</b> (11.4%) Excellent <b>[303 missing]</b> (Select one)

**9. Please describe for us the most important way that you have changed or developed as a person since you became a student at Cal.**

[Open-ended text area field]

**Time allocation****10. You told us earlier how much time you spend studying and working. How much time do you spend on each of these other activities in a typical week?**

Zero hours    1-5    6-10    11-15    16-20    21-25    26-30    More than 30

Attending movies, concerts, sports or other entertainment events	<b>562</b> (28.0%)	<b>1230</b> (61.2%)	<b>152</b> (7.6%)	<b>45</b> (2.2%)	<b>13</b> (0.6%)	<b>4</b> (0.2%)	<b>3</b> (0.1%)	<b>1</b> (0.0%)
Performing community service or volunteer activities	<b>1015</b> (50.4%)	<b>734</b> (36.5%)	<b>162</b> (8.1%)	<b>61</b> (3.0%)	<b>23</b> (1.1%)	<b>7</b> (0.3%)	<b>3</b> (0.1%)	<b>7</b> (0.3%)
Participating in physical exercise, recreational sports, or physically active hobbies	<b>351</b> (17.5%)	<b>1057</b> (52.6%)	<b>375</b> (18.6%)	<b>134</b> (6.7%)	<b>52</b> (2.6%)	<b>19</b> (0.9%)	<b>9</b> (0.4%)	<b>14</b> (0.7%)
Participating in spiritual or religious activities	<b>1360</b> (67.7%)	<b>459</b> (22.8%)	<b>103</b> (5.1%)	<b>49</b> (2.4%)	<b>17</b> (0.8%)	<b>12</b> (0.6%)	<b>1</b> (0.0%)	<b>8</b> (0.4%)
Participating in student clubs or organizations	<b>673</b> (33.6%)	<b>758</b> (37.8%)	<b>304</b> (15.2%)	<b>151</b> (7.5%)	<b>66</b> (3.3%)	<b>22</b> (1.1%)	<b>11</b> (0.5%)	<b>18</b> (0.9%)
Pursuing a recreational or creative interest (arts/crafts, reading, music, hobbies, etc.)	<b>410</b> (20.4%)	<b>956</b> (47.7%)	<b>379</b> (18.9%)	<b>133</b> (6.6%)	<b>72</b> (3.6%)	<b>24</b> (1.2%)	<b>10</b> (0.5%)	<b>22</b> (1.1%)
Socializing with friends	<b>51</b> (2.5%)	<b>563</b> (27.9%)	<b>633</b> (31.4%)	<b>386</b> (19.2%)	<b>198</b> (9.8%)	<b>77</b> (3.8%)	<b>32</b> (1.6%)	<b>75</b> (3.7%)
Spending time with family	<b>975</b> (48.6%)	<b>667</b> (33.2%)	<b>169</b> (8.4%)	<b>106</b> (5.3%)	<b>30</b> (1.5%)	<b>20</b> (1.0%)	<b>13</b> (0.6%)	<b>27</b> (1.3%)
Using the computer for non-academic purposes (games, shopping, email/instant messaging, etc.)	<b>48</b> (2.4%)	<b>513</b> (25.5%)	<b>559</b> (27.8%)	<b>408</b> (20.3%)	<b>230</b> (11.5%)	<b>91</b> (4.5%)	<b>55</b> (2.7%)	<b>104</b> (5.2%)
Watching TV	<b>595</b> (29.6%)	<b>841</b> (41.9%)	<b>335</b> (16.7%)	<b>143</b> (7.1%)	<b>48</b> (2.4%)	<b>23</b> (1.1%)	<b>12</b> (0.6%)	<b>11</b> (0.5%)
Commuting to school and to work	<b>648</b> (32.2%)	<b>1019</b> (50.6%)	<b>210</b> (10.4%)	<b>76</b> (3.8%)	<b>29</b> (1.4%)	<b>12</b> (0.6%)	<b>12</b> (0.6%)	<b>6</b> (0.3%)

**11. During this academic year, what was the average number of hours per night you slept on weeknights?**

<b>7</b> (0.3%)	0-2
<b>86</b> (4.3%)	3-4
<b>934</b> (46.7%)	5-6
<b>887</b> (44.3%)	7-8
<b>82</b> (4.1%)	9-10
<b>6</b> (0.3%)	11+
<b>[319 missing]</b>	(Select one)

**Obstacles & Support for Academic Success**

**12. During this academic year, how often have the following experiences interfered with your school work or academic success?**

	All the time	Frequently	Occasionally	Rarely	Not at all
Being depressed	<b>80</b> (4.0%)	<b>295</b> (14.6%)	<b>610</b> (30.2%)	<b>635</b> (31.5%)	<b>398</b> (19.7%)
Being stressed	<b>208</b> (10.3%)	<b>736</b> (36.5%)	<b>757</b> (37.5%)	<b>248</b> (12.3%)	<b>70</b> (3.5%)
Being too tired (sleep deprived)	<b>210</b> (10.4%)	<b>671</b> (33.2%)	<b>793</b> (39.2%)	<b>290</b> (14.3%)	<b>57</b> (2.8%)

Participating in campus activities	<b>84</b> (4.2%)	<b>318</b> (15.8%)	<b>606</b> (30.0%)	<b>623</b> (30.9%)	<b>386</b> (19.1%)
Feeling emotional distress	<b>106</b> (5.3%)	<b>360</b> (17.8%)	<b>653</b> (32.4%)	<b>603</b> (29.9%)	<b>296</b> (14.7%)
Family responsibilities or obligations	<b>95</b> (4.7%)	<b>213</b> (10.6%)	<b>485</b> (24.0%)	<b>712</b> (35.3%)	<b>512</b> (25.4%)
Being ill, in poor physical health, or injured	<b>42</b> (2.1%)	<b>123</b> (6.1%)	<b>477</b> (23.6%)	<b>896</b> (44.4%)	<b>482</b> (23.9%)
Fulfilling job responsibilities	<b>81</b> (4.0%)	<b>265</b> (13.1%)	<b>405</b> (20.1%)	<b>428</b> (21.2%)	<b>837</b> (41.5%)
Dealing with a difficult living situation (e.g., noise or an inconsiderate roommate)	<b>118</b> (5.9%)	<b>236</b> (11.7%)	<b>511</b> (25.3%)	<b>622</b> (30.9%)	<b>529</b> (26.2%)
Supporting political activities or social causes	<b>23</b> (1.1%)	<b>69</b> (3.4%)	<b>259</b> (12.9%)	<b>544</b> (27.1%)	<b>1112</b> (55.4%)
Having an active social life or partying excessively	<b>31</b> (1.5%)	<b>137</b> (6.8%)	<b>492</b> (24.4%)	<b>657</b> (32.6%)	<b>697</b> (34.6%)

*Notes:* Counts are in bold and precede items they are counting. Missing values are not included in the counts. Percentages for multiple selection items are based on the total number of active cases.

Number of cases: **2,469**

Response rate for module: **50.9%**

Margin of error for module: **±1.4%**