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PART III: STUDENT LIFE AND DEVELOPMENT**Parents' involvement**

1. Indicate how strongly you agree or disagree with the following statements about how your parents are involved in your Cal experience this semester.

| | Strongly disagree | Disagree | Somewhat disagree | Somewhat agree | Agree | Strongly agree |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| My parents and I discuss <u>what classes I should take</u> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| My parents and I discuss <u>what I learned in class</u> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| My parents are very interested in my academic progress | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| My parents stress the importance of getting good grades | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am pursuing, or considering, a major I don't like in order to please my parents | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| My parents ask about my <u>friends</u> or <u>non-academic</u> activities at Cal | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

2. When it comes to my life as a college student, I would prefer that my parents be:

- Much more involved
- Somewhat more involved
- Involved as much as they are now
- Somewhat less involved
- Much less involved

3. Thinking back on this academic year, how often have you typically

had contact with one or both of your parents?

| | Usually every day | A few times a week | About once a week | A few times a month | Once a month or less | Not at all |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| By phone | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| By text message through cell phone | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| By email or instant message on the Internet | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| In person | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Goals & Aspirations**4. Indicate how important each of the following college goals is to you.**

| | Very important | Somewhat important | Not important |
|--|-----------------------|-----------------------|-----------------------|
| Be in a position to give something back to my community after finishing my education | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Acquire a well-rounded general education | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Discover what kind of person I really want to be | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Achieve a high GPA | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Form romantic relationships | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Establish meaningful friendships | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Prepare for graduate or professional school | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Obtain the skills I need to pursue my chosen career | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Be in a position to make a lot of money after finishing my education | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

| | | | |
|---|-----------------------|-----------------------|-----------------------|
| Explore new ideas | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Enjoy my college years before assuming adult responsibilities | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Develop a <u>personal code of values and ethics</u> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Develop an <u>in-depth understanding</u> of a specific field of study | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Integrate spirituality into my life | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Establish social networks that will help further my career | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Obtain the skills I need to function in the international arena | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

5. Think about the type of person you are. With which, if any, of the following types of students at Cal do you personally identify? That is, which of these "college identities" best describes who you are?

- | | |
|--|---|
| <input type="checkbox"/> Artsy students | <input type="checkbox"/> Slackers |
| <input type="checkbox"/> Athletes/jocks | <input type="checkbox"/> Students from <u>very poor backgrounds</u> |
| <input type="checkbox"/> Conservative students | <input type="checkbox"/> Students from <u>very rich backgrounds</u> |
| <input type="checkbox"/> Feminist students | <input type="checkbox"/> Students in my <u>major or field of interest</u> |
| <input type="checkbox"/> Fraternity/sorority members | <input type="checkbox"/> Students involved in my campus organization |
| <input type="checkbox"/> Immigrant students | <input type="checkbox"/> Students of my racial or ethnic background |
| <input type="checkbox"/> Lesbian, gay, bisexual, or transgender students | <input type="checkbox"/> Students who are serious about getting good grades |
| <input type="checkbox"/> Liberal students | <input type="checkbox"/> Transfer students |
| <input type="checkbox"/> Partiers | <input type="checkbox"/> Other, please specify: <input type="text"/> |
| <input type="checkbox"/> Religious or spiritual students | |

6. With which ONE of these groups do you MOST strongly identify?

(Select one)

- Artsy students
- Athletes/jocks
- Conservative students
- Feminist students
- Fraternity/sorority members
- Immigrant students

- Lesbian, gay, bisexual, or transgender students
- Liberal students
- Partiers
- Religious or spiritual students
- Slackers
- Students from very poor backgrounds
- Students from very rich backgrounds
- Students in my major or field of interest
- Students involved in my campus organization
- Students of my racial or ethnic background
- Students who are serious about getting good grades
- Transfer students
- Other

7. How would you characterize your political orientation?

| | | | | | | |
|-----------------------|-----------------------|-----------------------|------------------------------|-----------------------|-----------------------|-----------------------|
| Very liberal | Liberal | Slightly liberal | Moderate: middle of the road | Slightly conservative | Conservative | Very conservative |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Personal growth & development

8. Think back to when you first entered Cal. Please rate your understanding and awareness of the following issues at that time and now.

| | When you entered Cal | As you are now |
|--|---|---|
| My own racial and ethnic identity | (Select one) ▾ Very poor Poor Fair Good Very good Excellent | (Select one) ▾ Very poor Poor Fair Good Very good Excellent |
| The social problems facing our <u>nation</u> | (Select one) ▾ | (Select one) ▾ |
| The social problems facing the <u>world</u> | (Select one) ▾ | (Select one) ▾ |
| Social class and economic differences/issues | (Select one) ▾ | (Select one) ▾ |
| Racial and ethnic differences/issues | (Select one) ▾ | (Select one) ▾ |
| Gender and sexual orientation differences/issues | (Select one) ▾ | (Select one) ▾ |

9. Please describe for us the most important way that you have changed or developed as a person since you became a student at Cal.

Time allocation

10. You told us earlier how much time you spend studying and working. How much time do you spend on each of these other activities in a typical week?

| | Zero hours | 1-5 | 6-10 | 11-15 | 16-20 | 21-25 | 26-30 | More than 30 |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Attending movies, concerts, sports or other entertainment events | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Performing community service or volunteer activities | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Participating in physical exercise, recreational sports, or physically active hobbies | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Participating in spiritual or religious activities | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Participating in student clubs or organizations | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Pursuing a recreational or creative interest (arts/crafts, reading, music, hobbies, etc.) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Socializing with friends | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Spending time with family | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Using the computer for non-academic purposes (games, shopping, email/instant messaging, etc.) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Watching TV | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Commuting to school and to work | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

11. During this academic year, what was the average number of hours per night you slept on weeknights?

(Select one) ▾

- 0-2
- 3-4
- 5-6
- 7-8
- 9-10
- 11+

Obstacles & Support for Academic Success

12. During this academic year, how often have the following experiences interfered with your school work or academic success?

| | All the time | Frequently | Occasionally | Rarely | Not at all |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Being depressed | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Being stressed | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Being too tired (sleep deprived) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Participating in campus activities | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Feeling emotional distress | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Family responsibilities or obligations | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Being ill, in poor physical health, or injured | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Fulfilling job responsibilities | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Dealing with a difficult living situation (e.g., noise or an inconsiderate roommate) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Supporting political activities or social causes | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Having an active social life or partying excessively | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |